



WE WORK HARD TO CUSTOMIZE EACH ORDER TO BETTER SUIT YOUR INDIVIDUAL NEEDS.
PRICES ARE SUBJECT TO SELECTIONS AND QUANTITIES.

Wrap Platter Options (recommend choosing 3 or 4):

Emmas Hummus Wrap with organic mesclun, tomatoes, carrots, cabbage, cucumbers, scallions
Fresh Mozzarella & Tomato Wrap with organic basil-walnut pesto, mesclun, balsamic vinaigrette
Stuffed Salad Wrap with organic mesclun, tomatoes, cucumbers, carrots, cabbage, tahini sauce, sprouts, sesame vinaigrette
Egg Salad Wrap with spinach, red onion, tomato, sprouts
Fresh Yellowfin Tuna Salad Wrap with organic tomatoes, red onion, sprouts, mesclun
Bruce Wrap with fresh yellowfin tuna salad, tomatoes, cheddar, avocado, red onion, sprouts
Mediterranean Chicken Wrap with organic grilled chicken, lentil salad, tomatoes, sprouts, hummus, feta
Chipotle Grilled Chicken Wrap with organic black beans, lettuce, chipotle, jalapenos, tomatoes, jack cheese

Large Salad options (recommend choosing 1):

Organic Garden Salad with mesclun, cucumbers, tomatoes, cabbage, carrots, sprouts, sesame vinaigrette
Organic Apple & Cheddar Salad with mesclun & spinach blend, red cabbage, scallions, sunflower seeds, sprouts, honey-dijon vinaigrette
Organic Fruit & Goat Cheese Salad with strawberries, dried pineapples, cucumbers, almonds, scallions, sprouts, honey-lime vinaigrette
Organic Fiesta Salad with mesclun, black beans, jack cheese, tomatoes, scallions, tortilla crumbles, avocado, peppers, sprouts, honey-lime vinaigrette
Organic Naturally Good Salad with mesclun, carrots, cabbage, cucumbers, tomatoes, avocado, cheddar, sprouts, sesame vinaigrette
Organic Mediterranean Platter with mesclun, cucumbers, red onions, tomatoes, homemade hummus & lentil salad, balsamic vinaigrette
Organic Fresh Mozzarella & Tomato Salad with mesclun, red onions, raisins, sunflower seeds, sprouts, balsamic vinaigrette

Sides:

Organic Beet Salad with red onions, toasted sesame seeds, balsamic vinaigrette
Organic Quinoa Salad with tomatoes, peppers, cucumbers, scallions, fresh herbs, carrots, currants, lemon-vinaigrette
Organic Sweet Potato, Apple & Avocado Salad with fresh lime, cilantro, red onions, sea salt & pepper
Organic Lentil Salad with carrots, red onion, peppers, celery, balsamic, olive oil, tamari
Organic Macaroni Salad with tomatoes, scallions, fresh parsley, celery

Homemade Dips with Organic Corn Chips or Organic Vegetable Crudite:

Organic Guacamole
Organic Hummus
Organic Salsa
Organic Cucumber-Cashew Dip

Organic Vegan Treats

Gluten-Free Chocolate Chip Cookies
Gluten-Free Blondies
Gluten-Free Brownies
Muesli Cookies
Fresh Baked Muffins & Scones

Beverages

American Beauty with fresh juiced organic apples, carrots, beets
Refresher with fresh juiced organic apples, celery, cucumbers
Harvest with fresh juiced carrots, beets, ginger, kale, parsley, celery
Bottled Water
Coconut Water
Fresh Squeezed Organic OJ
Fair Trade Organic Coffee